## Cuisinart Instruction & RECIPE BOOKLET



**Traditional Waffle Iron** 

**WAF-R** 

For your safety and continued enjoyment of this product, always read the instruction book carefully before using.

## IMPORTANT SAFEGUARDS

When using an electrical appliance, basic safety precautions should always be followed, including the following:

- 1. READ ALL INSTRUCTIONS.
- Do not touch hot surfaces. Use handles and knobs.
- To protect against fire, electrical shock, and injury to persons, DO NOT IMMERSE CORD, PLUG. OR UNIT in water or other liquids.
- 4. Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts, and before cleaning appliance.
- Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Return appliance to the nearest Cuisinart Authorized Service Facility for examination, repair, or adjustment.
- The use of accessory attachments not recommended by Cuisinart may result in fire, electrical shock, or injury to persons.
- 8. Do not use outdoors.
- 9. Do not let power cord hang over edge of table or counter, or touch hot surfaces.
- 10. Do not place on or near a hot gas or electric burner, or in a heated oven.
- 11. Unplug the unit when finished baking waffles.
- 12. Do not use appliance for other than intended use.
- 13. Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn control dial to OFF setting, then remove plug from the outlet.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- 15. WARNING: TO REDUCE THE RISK OF FIRE OR ELECTRIC SHOCK, REPAIR SHOULD BE DONE ONLY BY AUTHORIZED PERSONNEL. NO USER SERVICEABLE PARTS ARE INSIDE.

# SAVE THESE INSTRUCTIONS FOR HOUSEHOLD USE ONLY

## SPECIAL CORD SET INSTRUCTIONS

A short power-supply cord is provided to reduce the risks resulting from becoming entangled in or tripping over a longer cord.

Longer extension cords are available and may be used if care is exercised in their use.

If a long extension cord is used, the marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance, and the longer cord should be arranged so that it will not drape over the countertop or tabletop where it can be pulled on by children or animals, or tripped over.

#### **NOTICE:**

This appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electric shock, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not modify the plug in any way.

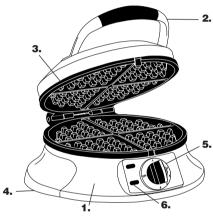
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#### INTRODUCTION

Cuisinart has always had a flair for the dramatic, and your new Traditional Waffle Iron is one of the best examples yet! The look is solid – a cross between commercial and consumer, with brushed stainless steel that's upscale and elegant. Smooth, flared sides add style and catch drips for easy cleanups. You'll love the options that 6 browning settings provide, and the successful results that indicator lights and an audible tone guarantee. Plates are nonstick, so heat them up and get cooking! Enjoy great breakfasts and creative desserts. Happy waffling!

#### PARTS AND FEATURES



- Housing Elegant brushed stainless steel cover and base with embossed Cuisinart logo.
- Lid Handle Polished die-cast handle with cool touch grip. Locks down for baking and storing.
- 3. Baking Plates Die-cast aluminum plates bake one large traditional-style waffle.
- **4.** Base Handles Cool-touch plastic will not become hot while baking.
- **5. Control Dial** Six adjustable browning settings and OFF position.
- Indicator Lights Red indicator light signals power on; green indicator light signals when waffle iron is ready to bake and waffles are cooked and ready to eat.
- Audible Signal (not shown) Signals when waffle iron is ready to bake and waffles are cooked and ready to eat.

- Storage (not shown) Cord wraps under base and unit stands on back end for storing.
- Rubber Feet (not shown) Feet keep unit steady and won't mark countertop.

#### BEFORE THE FIRST USE

Remove all packaging and any promotional labels or stickers from your waffle iron. Be sure that all parts (listed above, **Parts and Features**) of your new waffle iron have been included before discarding any packaging materials. You may want to keep the box and packing materials for use at a later date.

Before using your Cuisinart® Traditional Waffle Iron for the first time, wipe housing and waffle plates with a damp cloth to remove any dust from the warehouse or shipping.

Note: The Cuisinart® Traditional Waffle Iron has been treated with a special nonstick coating. Before the first use, we suggest you season the grids with cooking spray or flavorless vegetable oil. If using oil, apply oil with a paper towel or pastry brush. You may find it helpful to repeat this process before each use of the waffle iron.

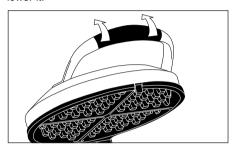
#### **OPERATING INSTRUCTIONS**

- 1. Place the closed waffle iron on a clean, flat surface where you intend to bake.
- 2. Plug the power cord in a standard electrical outlet.
- Turn the control dial clockwise from the OFF position to the desired browning setting.
   Setting #1 for the lightest color waffles and setting #6 for the darkest color waffles. We recommend using setting #3 or #4 for golden brown waffles.



The red indicator light will turn on to signal power. Allow the waffle iron to preheat. When the waffle iron has reached desired temperature, the green indicator light will turn on and the audible tone will sound. You are now ready to begin baking.

 Lift lid of waffle iron by grasping the handle and pushing back and up in one fluid motion. Lid will stay open at 105° position until you lower it.



- 5. Pour batter onto the center of the lower waffle grid. Use a heat-proof spatula to spread batter evenly over the grids. Close the lid. The waffle iron will automatically latch shut when you lower the lid. The green light will turn off but the red light will stay illuminated.
- Baking time is determined by the browning level that you chose in Step 3. It may take up to 4 minutes to bake your waffle on setting #6.
- 7. When the waffle is ready to eat, the green light will turn on and the audible tone will sound. Remove the waffle by gently loosening the edges with a heat-proof plastic spatula or wooden spatula. Never use metal utensils, as they will damage the nonstick coating.
- 8. When you are finished baking, turn the control dial counterclockwise to the OFF setting. The red indicator light will turn off. Unplug the power cord from the wall outlet. Allow the waffle iron to cool down completely before handling.

#### **CLEANING AND CARE**

Once you have finished baking, turn the control dial to the OFF position and remove plug from electrical outlet. Leave top lid open so grids begin to cool. Allow waffle iron to cool down completely before handling.

Never take your waffle iron apart for cleaning. Simply brush crumbs from grooves, and absorb any excess cooking oil by wiping with a dry cloth or paper towel.

You may clean the grids by wiping with a damp cloth to prevent staining and sticking from batter or oil buildup. Be certain grids have cooled completely before cleaning. If batter adheres to plates, simply pour a little cooking oil onto the baked batter and let stand approximately 5 minutes, thus allowing it to soften for easy removal.

To clean exterior, wipe with a soft dry cloth. Never use an abrasive cleanser or harsh pad. NEVER IMMERSE CORD, PLUG OR UNIT IN WATER OR OTHER LIQUID.

#### **STORAGE**

Store with cord wrapped securely under base. For compact storage, stand waffle iron on back end with control panel facing up. The waffle iron has been designed with a special latching feature so the lid stays closed during storage



## TIPS TO MAKE PERFECT WAFFLES

We recommend setting #3 or #4 for golden brown waffles, either from mix or homemade.

If you prefer crisper, darker waffles, increase the browning control. For lighter waffles decrease the browning control.

For evenly filled waffles, pour the batter onto the center of the lower grid and spread out evenly to the edges. The entire lower grid should be filled.

We recommend using 1/3–1/2 cup batter per waffle for evenly filled waffles.

Waffles are best when made to order, but baked waffles may be kept warm in a 200°F oven. Place in a baking pan or wrap in foil while in the oven. Waffles wrapped in foil may lose their crispiness.

Baked waffles may be frozen. Allow to cool completely, then place in plastic food storage bag. Use waxed paper to keep waffles separated. Reheat in a toaster or toaster oven when ready to use.

#### SUGGESTED TOPPINGS

Maple syrup, fruit syrups

Warm fruit compote, fruit sauce

Fresh berries, chopped fruit

Chopped nuts

Powdered sugar

Whipped cream

Ice cream, sorbet

Chocolate sauce

Fruited yogurt

#### **RECIPES**

#### **BASIC WAFFLES**

Fresh, homemade waffles make breakfast a special occasion. Freeze the extras to use when time is scarce.

#### Makes 8 waffles

- 2 cups all-purpose flour
- 2 tablespoons granulated sugar
- 1 tablespoon baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1-3/4 cups reduced-fat milk
- 6 tablespoons vegetable oil
- 2 large eggs

Place ingredients in a large mixing bowl and combine until well blended and smooth. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/3 cup batter onto the center of the lower grid; spread batter using a heat-proof spatula to within 1/2 inch of the edge of the grid. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

Nutritional information per waffle: Calories 214 (44% from fat) • carb. 24g • pro. 6g • fat 10g • sat. fat 2g • chol. 46mg • sod. 280mg • calc.71mg • fiber 1g • calc. 177mg • fiber 1g

#### CHOCOLATE BROWNIE WAFFLES

A treat for breakfast or dessert.

#### Makes 6 waffles

- 1 cup all-purpose flour
- 6 tablespoons granulated sugar
- 1/3 cup unsweetened cocoa powder
- 1-1/2 teaspoons baking powder
- 1/4 teaspoon baking soda
- 1/4 teaspoon salt
- 1/4 teaspoon cinnamon
- 1 cup reduced-fat milk (may use evaporated fat-free milk)
- 1 large egg, lightly beaten
- 1/2 teaspoon vanilla extract
- 4 tablespoons unsalted butter, melted, cooled slightly
- 1/3 cup semi-sweet mini chocolate morsels
- 1/4 cup (1 ounce) finely chopped walnuts or pecans

Place the flour, sugar, cocoa powder, baking powder, baking soda, salt, and cinnamon in a medium bowl; stir with a whisk to blend. Add the milk, egg and vanilla. Stir with a whisk until well blended and smooth. Stir in melted butter. Let batter stand 5 minutes. Preheat Cuisinart® Waffle Iron on setting #4.

When preheated, green indicator light will illuminate. Stir chocolate morsels and chopped walnuts/pecans into batter. Pour 1/3 cup batter onto center of the lower grid. Let batter spread out from center slightly – for 5 to 10 seconds. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Remove waffle using a heatproof plastic spatula. Repeat with remaining batter. For best results, serve immediately.

Nutritional analysis per waffle: Calories 322 (44% from fat) • carb. 40g • pro. 7g • fat 16g • sat. fat 7g • chol. 59mg • sod. 238mg • calc. 73mg • fiber 3g

#### APPLE WALNUT WAFFLES

Stir a teaspoon of cinnamon into maple syrup and warm to serve with Apple Walnut Waffles.

#### Makes 8 waffles

- 3 tablespoons packed brown sugar
- 1-1/3 cups unbleached all-purpose flour
- 1/4 cup whole wheat flour
- 1/4 cup honey toasted wheat germ
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1-1/2 cups lowfat milk

- 2 large eggs, lightly beaten
- 1/3 cup vegetable oil
- 1/2 teaspoon vanilla extract
- 1 cup finely diced or shredded apple (1 apple, 8 ounces, peeled & cored)
- 1/2 cup finely chopped walnuts

Crumble the brown sugar into a medium bowl to remove all lumps. Add the flours, wheat germ, baking powder and salt. Stir to blend. In another bowl, combine the milk, eggs, oil, and vanilla; stir with a whisk. Add the wet mixture to the dry mixture and stir until smooth. Stir in the apple and walnuts. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/3 cup batter onto the center of the lower grid; spread batter using a heat-proof spatula to within 1/2 inch of the edge of the grid. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

Nutritional Information per waffle: Calories 305 • carb. 33g • pro. 7g • fat 16g • sat fat 2g • chol. 57mg • sod. 319mg • calc. 85mg • fiber 2g

#### **NUTTY WHEAT WAFFLES**

Wholesome wheat flavor combines with crunchy nuts for a delicious breakfast, brunch or snack. Top with warm syrup or fruit compote.

#### Makes 10 waffles

- 1-1/2 cups all-purpose flour
- 1/2 cup whole wheat flour
- 2 tablespoons granulated sugar
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 2 cups reduced-fat milk
- 6 tablespoons vegetable oil
- 2 large eggs
- 1/2 cup finely chopped nuts, such as pecans, walnuts, almonds or hazelnuts

Place ingredients in a large mixing bowl and combine until well blended and smooth. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/3 cup batter onto the center of the lower grid; spread batter using a heat-proof spatula to within 1/2 inch of the

edge of the grid. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

Nutritional information per waffle: Calories 228 (55% from fat) • carb. 21g • pro. 5g • fat 14g • sat. fat 2g • chol. 46mg • sod. 225mg • calc. 81mg • fiber 1g

#### **CINNAMON PECAN WAFFLES**

Top these tasty waffles with warm maple syrup and fresh fruit.

#### Makes 10 waffles

- 2 tablespoons packed light brown sugar
- 2 cups all-purpose flour
- 1 tablespoon baking powder
- 1-1/2 teaspoons ground cinnamon
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1-3/4 cups lowfat fat milk
- 6 tablespoons vegetable oil
- 2 large eggs, lightly beaten
- 1 cup chopped pecans

Crumble the brown sugar to remove all lumps and place in a medium, mixing bowl with the flour, baking powder, cinnamon, baking soda, and salt. Add the milk, oil and eggs; stir until blended and smooth. Stir in the chopped pecans. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/3 cup batter onto the center of the lower grid; spread batter using a heat-proof spatula to within 1/2 inch of the edge of the grid. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

Nutritional Information per waffle: Calories 283 • carb. 26g • pro. 6g • fat 18g • sat fat 2g • chol 46mg • sod. 277mg • calc. 71 mg • fiber 2g

#### BANANA WALNUT WAFFLES

Classic waffle for a weekend brunch – top with warm syrup.

Makes 8 waffles

- cups unbleached flour
- 2 tablespoons granulated sugar 1 tablespoon baking soda
- 1/2 teaspoon salt
- 2 eggs, lightly beaten
- 6 tablespoons vegetable oil
- cup vanilla vogurt, lowfat
- 3/4 cup whole milk
- 1 cup banana, mashed
- 1/2 cup walnuts, chopped

Combine flour, sugar, baking soda, and salt in a mixing bowl and stir to combine. In a separate bowl whisk together the eggs and oil and stir into dry ingredients. Stir in yogurt. Add milk and stir until mixture is a smooth batter. Stir in banana and walnuts until incorporated. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/2 cup of batter onto the center of the lower grid. Allow batter to spread toward edges for 5 seconds. Close lid of waffle iron - green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

> Nutritional information per waffle: Calories 334 • carb. 37g • pro. 8g • fat 18g • sat fat 3g • chol 58mg • sod. 604mg • calc. 95ma • fiber 1a

#### **PUMPKIN WALNUT WAFFLES**

For a change, you may substitute dried cranberries, raisins or even mini chocolate morsels for the walnuts.

#### Makes 9 waffles

- 1-3/4 cups reduced-fat milk 3/4 cup solid pack pumpkin
- (not pumpkin pie filling)\*
- 6 tablespoons vegetable oil
- 2 large eggs, lightly beaten 2-1/4 cups all-purpose flour
- 1/4 cup packed light brown sugar
- 4 teaspoons baking powder teaspoon ground cinnamon
- 1/2 teaspoon baking soda
- 1/4 teaspoon salt
- 3/4 cup chopped walnuts

Place the milk, pumpkin, oil, and eggs in a bowl. Stir to blend; reserve. Place the flour in a large bowl. Crumble the brown sugar to remove the lumps; add to the flour along with the baking powder, cinnamon, baking soda. and salt. Stir to blend. Add the liquid ingredients and whisk until smooth. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Stir walnuts into batter. Pour 1/3 cup batter onto the center of the lower grid. Allow batter to spread toward edges for 5 seconds. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

\*This is a little less than 1/2 of a 15-ounce can. Measure out 3/4 cup of the remaining pumpkin and freeze to make these at another time.

> Nutritional Information per waffle: Calories 307 • carb. 30g • pro. 8g • fat 18g • sat fat 3g • chol 51mg • sod. 269 mg • calc. 86 mg • fiber 2g

#### OATMEAL RAISIN WAFFLES

These waffles taste like an oatmeal raisin cookie. They are delicious when spread with apple butter.

#### Makes 6 waffles

- tablespoons packed light brown sugar
- 1-1/2 cups all-purpose flour
- cup oatmeal (regular rolled oats, 1 not quick oats)
- 2 teaspoons ground cinnamon
- 1-1/2 teaspoons baking powder
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1-1/2 cups buttermilk
- 2 large eggs, lightly beaten
- 6 tablespoons vegetable oil
  - (you may substitute unsalted butter. melted and cooled)
- 1/2 teaspoon vanilla extract
- 2/3 cup raisins

Crumble the brown sugar to remove any lumps and place in a medium bowl with flour, oatmeal, cinnamon, baking powder, baking soda, and salt. Stir to blend. Add buttermilk, eggs, oil, and vanilla. Stir until well blended and smooth. Stir in raisins. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour a scant 1/2 cup of batter onto the center of the lower grid; spread batter using a heat-proof spatula to within 1/2 inch of the edge of the grid. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

Nutritional Information per waffle: Calories 417 • carb. 58g • pro. 10g • fat 17g • sat fat 2g • chol 73mg • sod. 526mg • calc. 115mg • fiber 3g

#### **LEMON WAFFLES**

These waffles are a fresh change – if you want, add blueberries for Lemon Blueberry Waffles.

#### Makes 10 waffles

1-1/2 cups unbleached flour

6 tablespoons granulated sugar

2 teaspoons baking soda

1/2 teaspoon salt

2 eggs

1 cup buttermilk

1 teaspoon pure vanilla extract

2 tablespoons fresh lemon juice

1 tablespoon lemon zest

6 tablespoons unsalted butter, melted

1 cup vanilla yogurt

Place flour, sugar, baking soda, and salt in mixing bowl and stir to combine. In a second bowl, whisk eggs, buttermilk, and vanilla until blended. Stir wet mixture into dry ingredients. Stir in lemon juice and zest. Fold in melted butter and then vanilla yogurt with a rubber spatula or wooden spoon. Let batter rest a few minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/2 cup of batter onto the center of the lower grid. Allow batter to spread toward edges for 5 seconds. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

Variations: For lemon ginger waffles, add 1 tablespoon of grated fresh ginger to the batter with the juice and zest. For lemon blueberry waffles add 1 cup of blueberries to the batter as the last ingredient.

Nutritional information per waffle: Calories 203 • carb. 27g • pro. 5g • fat 9g • sat fat 5g • chol 63 mg • sod. 274mg • calc. 78mg • fiber 1g

#### SUPER MULTIGRAIN WAFFLES

High in protein, these crispy waffles have a nice texture and pleasant flavor – you would never know they are also good for you.

#### Makes 9 waffles

cup whole wheat flour

1/2 cup unbleached flour

1/2 cup old-fashioned oats

1 teaspoon baking powder

1 teaspoon baking soda

1/2 teaspoon salt

2 eggs, lightly beaten

1 cup soy milk

2 tablespoons pure maple syrup

1 teaspoon vanilla extract

6 tablespoons unsalted butter, melted

2 tablespoons flaxseed oil

1 cup lowfat plain yogurt

1/2 cup pecans or walnuts, finely chopped

Place whole wheat flour, unbleached flour, oats, baking powder, baking soda, and salt in mixing bowl and stir to combine. In a separate bowl stir together eggs, soy milk, syrup, and vanilla and add to the dry ingredients. Stir in butter, flaxseed oil, and yogurt/cottage cheese. Finally stir chopped nuts into batter. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/2 cup of batter onto the center of the lower grid. Allow batter to spread toward edges for 5 seconds. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

Nutritional information per waffle with yogurt: Calories 183 • carb. 23g • pro. 8g • fat 7g • sat fat 1g • chol 48mg • sod. 325mg • calc. 83mg • fiber 2g

With 1%-cottage cheese:
Calories 197 • carb. 24g • pro.10g •
fat 7g • sat fat 1g • chol 48mg • sod. 408mg •
calc. 50mg • fiber 3g

## CHOCOLATE BUTTERMILK WAFFLES

Chocolate Waffles make a great base for an ice cream sundae with fudge sauce.

Makes 8 waffles

1-1/2 cups unbleached flour

1/2 cup unsweetened cocoa, sifted

- 2 tablespoons granulated sugar
- 2 tablespoons light brown sugar, packed
- 2 teaspoons baking soda
- 1/2 teaspoon salt
- 2 eggs, lightly beaten
- 1 teaspoon vanilla extract
- 6 tablespoons unsalted butter, melted
- 1 cup buttermilk
- 1 cup lowfat yogurt (plain or vanilla)
- 1 cup semi sweet chocolate chips

Place flour, cocoa, sugars, baking soda, and salt in a medium mixing bowl. Stir to combine. Stir in eggs, vanilla, butter, buttermilk, and yogurt successively, making sure each ingredient is incorporated well. Finally stir chocolate chips into batter. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/2 cup of batter onto the center of the lower grid. Allow batter to spread toward edges for 5 seconds. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

Nutritional information per waffle: Calories 400 • carb. 50g • protein 8g • fat 19g • sat fat 11g • chol 79 mg • sod. 490mg • calc. 106mg • fiber 6g

#### WHOLE WHEAT BERRY WAFFLES

Any type of berry will work for this versatile waffle.

#### Makes 8 waffles

- 1-1/4 cups unbleached flour
- 3/4 cup whole wheat flour
- 2 tablespoons granulated sugar
- 1 tablespoon baking powder
- 1 teaspoon salt
- 2 eggs, lightly beaten
- 1-3/4 cups whole milk
- 6 tablespoons unsalted butter, melted
- 1 teaspoon pure vanilla extract
- 3/4 cup blueberries or any variety of berry,
  - fresh or frozen
- 1 teaspoon orange zest
- 1/2 cup pecans, chopped

Place both flours, sugar, baking powder, and salt in a mixing bowl and stir to combine. In a separate bowl whisk together eggs, milk and vanilla and stir into dry ingredients until mixture resembles a smooth batter. Stir in melted and cooled butter. Carefully stir in blueberries,

orange zest, and pecans. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/2 cup of batter onto the center of the lower grid. Allow batter to spread toward edges for 5 seconds. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

Nutritional information per waffle: Calories 225 • carb. 31g • pro. 8g • fat 8g • sat fat 2g • chol 60mg • sod. 747mg • calc. 80mg • fiber 3g

#### **VANILLA YOGURT PECAN WAFFLES**

These waffles have a subtle, nutty sweetness and are nice and crispy.

#### Makes 8 waffles

- 1 cup unbleached flour
- 1 cup whole wheat flour
- 3 tablespoons light brown sugar,
  - firmly packed
- 2 teaspoons baking soda
- 1/2 teaspoon cinnamon
- 1/2 teaspoon salt
- 2 eggs, lightly beaten
- 1 teaspoon vanilla extract
- 6 tablespoons unsalted butter, melted
- 1 cup lowfat vanilla vogurt
  - cup reduced-fat milk
- 1/2 cup pecans, chopped

Place both flours, sugar, baking soda, cinnamon, and salt in a mixing bowl and stir to combine. Stir eggs and vanilla together and then stir into dry ingredients. Stir butter, yogurt, and milk into mixture successively until it resembles a smooth batter. Finally stir in chopped pecans. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/2 cup of batter onto the center of the lower grid. Allow batter to spread toward edges for 5 seconds. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

Nutritional information per waffle: Calories 306 • carb. 34g • pro. 8g • fat 16g • sat far g • chol 80mg • sod. 474mg • calc. 109mg • fiber 3g

### SAVORY CHEDDAR CHIVE CORNMEAL WAFFLES

These crispy, savory waffles are good to serve with soups or your favorite chili in place of corn muffins. You may also try them with scrambled eggs and bacon for brunch or supper.

#### Makes 10 waffles

- 1-1/4 cups all-purpose flour
- 1 cup cornmeal (yellow or white)
- 1 tablespoon granulated sugar
- 1 tablespoon baking powder
- 1/2 teaspoon baking soda
- 1/4 teaspoon salt
- 3 ounces shredded sharp Cheddar cheese (about 3/4 cup)
- 2 tablespoons chopped fresh chives
- 1-3/4 cups reduced-fat milk
- 6 tablespoons vegetable oil
- 2 large eggs
- 3-5 dashes hot sauce, such as \*Tabasco®

Place flour, cornmeal, sugar, baking powder, baking soda, and salt in a large mixing bowl; stir to combine. Add shredded Cheddar and chopped chives; stir. Place the milk, oil, eggs, and hot sauce a separate bowl; stir with a whisk to blend. Add to the dry ingredients and stir until smooth. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/3 cup batter just a little behind the center of the lower grid; allow batter to spread toward edges for 5 seconds. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately.

Nutritional information per waffle: Calories 239 • carb 25g • pro 8g • fat 12g • sat fat 2g • chol 50mg • sod 262 mg • calc. 121mg • fiber 1g

\*Tabasco® is a registered trademark owned by the McIlhenney Co.

#### PROTEIN WAFFLES

These oatmeal waffles have a delightful taste, not to mention they are high in protein and very easy to prepare.

#### Makes 6 waffles

- 1-1/2 cups old-fashioned oats
- 3/4 cup unbleached flour
- 3 tablespoons sugar
- teaspoons baking powderteaspoon cinnamon
- 1/2 teaspoon salt
- 2 eggs, lightly beaten
- 6 tablespoons oil
- 1/2 cup cottage cheese
- 1 cup reduced-fat milk

Place oats, flour, sugar, baking powder, cinnamon, and salt in a mixing bowl. Stir to combine. Stir in remaining ingredients as listed one at a time until mixture resembles a smooth batter. Let batter rest 5 minutes before using. Preheat your Cuisinart® Waffle Iron on setting #3.

When preheated, green indicator light will illuminate. Pour 1/2 cup of batter onto the center of the lower grid. Allow batter to spread toward edges for 5 seconds. Close lid of waffle iron – green indicator light will turn off. When green indicator light turns on again, waffle is ready. Open lid and carefully remove baked waffle. Repeat with remaining batter. For best results, serve immediately. You may keep waffles warm on a rack placed on a baking sheet in a warm (200°F) oven.

Nutritional information per waffle:
Calories 342 • carbohydrates 35g • protein 11g • fat 18g • sat fat 3g • chol 75mg • sodium 391mg •
Calcium 86mg • fiber 3g

#### WARRANTY

#### **Limited Three-Year Warranty**

This warranty is available to consumers only. You are a consumer if you own a Cuisinart® Traditional Waffle Iron which was purchased at retail for personal, family or household use. Except as otherwise required under applicable law, this warranty is not available to retailers or other commercial purchasers or owners.

We warrant that your Cuisinart® Traditional Waffle Iron will be free of defects in materials and workmanship under normal home use for 3 years from the date of original purchase.

We suggest you complete and return the enclosed product registration card promptly to facilitate verification of the date of original purchase. However, return of the product registration card does not eliminate the need for the consumer to maintain the original proof of purchase in order to obtain the warranty benefits. In the event that you do not have proof of purchase date, the purchase date for purposes of this warranty will be the date of manufacture.

If your Cuisinart® Traditional Waffle Iron should prove to be defective within the warranty period, we will repair or, if we think necessary, replace it. To obtain warranty service, please call our Customer Service Center toll-free at 1-800-726-0190 or write to: Cuisinart, 150 Milford Road, East Windsor, NJ 08520.

To facilitate the speed and accuracy of your return, enclose \$10.00 for shipping and handling. (California residents need only supply a proof of purchase and should call 1-800-726-0190 for shipping instructions.) Please be sure to include your return address, description of the product's defect, product serial number, and any other information pertinent to the return. Please pay by check or money order.

**NOTE:** For added protection and secure handling of any Cuisinart® product that is being returned, we recommend you use a traceable, insured delivery service. Cuisinart cannot be held responsible for in-transit damage or for packages that are not delivered to us. Lost and/or damaged products are not covered under warranty.

Your Cuisinart® Traditional Waffle Iron has been manufactured to the strictest specifications and has been designed for use only with authorized accessories and replacement parts.

This warranty expressly excludes any defects or damages caused by accessories, replacement parts or repair service other than those authorized by Cuisinart.

This warranty does not cover any damage caused by accident, misuse, shipment or other than ordinary household use.

This warranty excludes all incidental or consequential damages. Some states do not allow the exclusion or limitation of these damages, so they may not apply to you.

# Cuisinarte GOOD LIFE



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